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The Dark Night of the Soul A Psychiatrist Explores the

The Dark Night of the Soul: A Psychiatrist Explores the Connection Between Darkness and Spiritual Growth [Gerald G. May] on Amazon.com. *FREE* shipping on qualifying offers. Now in paperback: a distinguished psychiatrist, spiritual counsellor and bestselling author shows how the dark sides of the spiritual life are a vital ingredient in deep

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The Dark Night of the Soul A Psychiatrist Explores the

Gerald May does an excellent job of elucidating the ancient concept of "the dark night of the soul." An often used phrase, it has become a catch-all for anyone having a hard time of anything.

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The Dark Night of the Soul Quotes by Gerald G May

In a spiritual sense, the objects of our attachments and addictions become idols. We give them our time, energy, and attention whether we want to or not, even and often especially when we are struggling to rid ourselves of them.

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The Wild Reed In the Garden of Spirituality Gerald May

The Wild Reed s series of reflections on religion and spirituality continues with an excerpt from Gerald May's book The Dark Night of the Soul: A Psychiatrist Explores the Connection Between Darkness and Spiritual Growth (2004).

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The Dark Night of the Soul A Psychiatrist Explores the

It's remarkable that Gerald May wrote Dark Night fifteen years ago, and it is still as relevant as it ever was. The book's great strength lies in synthesizing the works of both Teresa of Avila and John of the Cross while still allowing each of them to speak in their own unique voice, as well as teasing out psychological insights that might

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Dark Night of the Soul Wikipedia

Dark Night of the Soul is a poem written by the 16th-century Spanish mystic and poet St. John of the Cross. The author himself did not give any title to his poem, on which he wrote two book-length commentaries: Ascent of Mount Carmel and The Dark Night.

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The Dark Night of the Soul by Gerald G May OverDrive

May emphasises that the dark night is not necessarily a time of suffering and near despair, but a time of deep transition, a search for new orientation when things are clouded and full of mystery. The dark gives depth, dimension and fullness to the spiritual life.

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The Dark Night of the Soul Google Books

Gerald G. May, M.D. (1940-2005), practiced medicine and psychiatry for twenty-five years before becoming a

senior fellow in contemplative theology and psychology at the Shalem Institute for Spiritual Formation in Bethesda, Maryland.

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The Dark Night of the Soul embraces the universal spiritual experience of disorientation, doubt, fear, emptiness, "dryness," despair, and the like, all of which are ingredients in developing a mature, authentic spiritual life. The dark gives depth, dimension, fullness to the spiritual life.

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The Dark Night of the Soul A book by Gerald G May

Gerald May in this book helps the reader to appreciate the spiritualities of both St. John of the Cross and St. Teresa of Avila. Rather than looking at the dark night of the soul as something negative, the author looks at it from a very positive perspective.

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Dark Night of the Soul Episcopal Diocese of West

Dark Night of the Soul Presented by ConneXions ConneXions is happy to announce the return of Dark Night of the Soul, a popular webinar on Christian Mysticism led

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Dark Night of the Soul Heartlight

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The Dark Night of the Soul by Gerald G May M D Harper

When people speak of going through a dark night of the soul, they usually mean they re experiencing bad things. The bad news is that bad things happen to everyone, and they have nothing to do with whether you are a good or bad person, how effectively you ve taken charge of your life, or how carefully you ve planned for the future.

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